



Pietermaritzburg: 8 Pentrich Road, PMB

Ladysmith: 27 Umkhamba Drive, Ladysmith

JHB: 36 Princess Villas, Main Reef Road, Roodepoort

033 346 0495 / 072 636 1100

nkwalihhealth@telkomsa.net/ nkwalihhealth@gmail.com

"we save lives"

MOBILE OCCUPATIONAL SERVICES

CERTIFICATE OF FITNESS

FIT as : Cleaner / heights worker

NAME AND SURNAME: Nkosinathi Shange

ID NO : 910303 6106 084 **DATE:** 16-08-2018

COMPANY: Madonda Hazardous Cleaner

VISION								
Far	Rt 20/25	Lt 20/25	Colour	good	Depth	2/5		
Near	Rt 20/20	Lt 20/20	Night	good	Specs	NO		
SPIROMETRY		<u>Normal</u>						
FVC	88	FEV1	82	FEV1/FVC	80	PEF	84	
BASELINE PLH:				MONITORING PLH:				
AUDIOGRAMS	PLH	.5K	1K	2K	3K	4K	6K	8K
LT	Baseline	05	10	10	10	05	10	15
RT		00	10	10	15	15	05	10
LT	Monitoring	05	10	20	15	20	10	05
RT		05	10	25	15	25	10	15
MEDICAL : ☒		Working at heights: <u>fit</u>						
TBC/MULTIDRUG :		K10 : ☒		Epworth : ☒		Blood sugar :		
EXR :		Bloods :						
REFERRAL:								
COMMENTS:								
Signature <u>Amthawee</u>								
Qualifications: <u>CHNP</u>								

**NKWALI
HEALTHCARE SERVICES**

"WE SAVE LIVES"
REG NO: 2013 / 059082 / 07
8 PENTRICH ROAD
PIETERMARITZBURG

Sr Samke Ruth Mkhwanazi
B.Cur Educator, Admin, RN, RM
Occupational Health Nurse Practitioner
SANC NO: 13560461