



Pietermaritzburg: 8 Pentrich Road, PMB

Ladysmith: 27 Umkhamba Drive, Ladysmith

JHB: 36 Princess Villas, Main Reef Road, Roodepoort

033 346 0495 / 072 636 1100

nkwallhealth@telkomsa.net/ nkwallihealth@gmail.com

"we save lives"

### MOBILE OCCUPATIONAL SERVICES

### CERTIFICATE OF FITNESS

**FIT as:** Cleaner

**NAME AND SURNAME:** Mxolisi Mdlalose

**ID NO:** 820614 5314 089 **DATE:** 13-09-2018

**COMPANY:** Duduma cleaning services

|                       |            |                                                                                                    |             |           |                                    |           |           |           |           |
|-----------------------|------------|----------------------------------------------------------------------------------------------------|-------------|-----------|------------------------------------|-----------|-----------|-----------|-----------|
| <b>VISION</b>         |            |                                                                                                    |             |           |                                    |           |           |           |           |
| Far                   | Rt 20/20   | Lt 20/20                                                                                           | Colour good |           | Depth 115                          |           |           |           |           |
| Near                  | Rt 20/20   | Lt 20/20                                                                                           | Night 20/20 |           | Specs NO                           |           |           |           |           |
| <b>SPIROMETRY</b>     |            | Normal                                                                                             |             |           |                                    |           |           |           |           |
| FVC                   | 102        | FEV1                                                                                               | 112         | FEV1/FVC  | 89.4                               | PEF       | 90        |           |           |
| <b>BASELINE PLH:</b>  |            | 10.296                                                                                             |             |           |                                    |           |           |           |           |
| <b>AUDIOGRAMS</b>     |            | <b>PLH</b>                                                                                         | <b>.5K</b>  | <b>1K</b> | <b>2K</b>                          | <b>3K</b> | <b>4K</b> | <b>6K</b> | <b>8K</b> |
| LT                    | Baseline   |                                                                                                    | 35          | 20        | 15                                 | 15        | 15        | 15        | 10        |
| RT                    |            |                                                                                                    | 35          | 35        | 35                                 | 35        | 10        | 15        | 15        |
| LT                    | Baseline   |                                                                                                    | 35          | 20        | 15                                 | 15        | 15        | 15        | 10        |
| RT                    | comparison |                                                                                                    | 35          | 35        | 35                                 | 35        | 10        | 15        | 15        |
| <b>MEDICAL:</b>       |            | Working at heights: <u>Fit</u>                                                                     |             |           |                                    |           |           |           |           |
| <b>THC/MULTIDRUG:</b> |            | K10: <input checked="" type="checkbox"/> Epworth: <input checked="" type="checkbox"/> Blood sugar: |             |           |                                    |           |           |           |           |
| <b>REFERRAL:</b>      |            |                                                                                                    |             |           |                                    |           |           |           |           |
| <b>COMMENTS:</b>      |            | To do 16 hrs noise free hearing test                                                               |             |           |                                    |           |           |           |           |
| <b>Signature:</b>     |            | <u>Ruth Mkhwanazi</u>                                                                              |             |           | <b>Qualifications:</b> <u>OHNP</u> |           |           |           |           |

**NKWALI  
HEALTHCARE SERVICES**

"WE SAVE LIVES"  
REG NO: 2013 / 059082 / 07  
8 PENTRICH ROAD  
PIETERMARITZBURG

Sr Samke Ruth Mkhwanazi  
B.Cur Educator, Admin, RN, RM  
Occupational Health Nurse Practitioner  
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