



Pietermaritzburg: 8 Pentrich Road, PMB

Ladysmith: 27 Umkhamba Drive, Ladysmith

JHB: 36 Princess Villas, Main Reef Road, Roodepoort

033 346 0495 / 072 636 1100

nkwalihealth@talkomsa.net/ nkwalihealth@gmail.com

"we save lives"

MOBILE OCCUPATIONAL SERVICES

CERTIFICATE OF FITNESS

FIT as: Cleaner

NAME AND SURNAME: Sihle Mthethwa

ID NO: 760619 0753 084 **DATE:** 13-09-2018

COMPANY: Dudums cleaning services

VISION								
Far	Rt 20/30	Lt 20/40	Colour	Good	Depth	28		
Near	Rt 20/20	Lt 20/40	Night	20/40	Specs	no		
SPIROMETRY		Normal						
FVC	88	FEV1	89	FEV1/FVC	88.2	PEF	104	
BASELINE PLH:		BASELINE COMPARISON PLH:						
AUDIOGRAMS	PLH	.5K	1K	2K	3K	4K	6K	8K
LT	Baseline	05	10	10	00	05	00	00
RT		20	15	10	10	05	10	10
LT	Baseline	05	10	10	05	05	00	00
RT	comparison	20	15	10	10	05	10	10
MEDICAL: ☒		Working at heights: ☒						
THC/MULTI-DRUG:		K10: ☒		Epworth: ☒		Blood sugar: ☒		
CXR:		Bloods:						
REFERRAL:		Ophthalmologist to bring report back to Natal clinic						
COMMENTS:		To monitor personal medical condition						
Signature:		<u>R. Mthethwa</u>		Qualifications: <u>OTHP</u>				

NKWALI
HEALTHCARE SERVICES
 "WE SAVE LIVES"
 REG NO: 2013 / 059082 / 07
 8 PENTRICH ROAD
 PIETERMARITZBURG

Sr Samke Ruth Mkhwanazi
 B.Cur Educator, Admin, RN, RM
 Occupational Health Nurse Practitioner
 SANC NO: 13560461