



"we save lives"

Pietermaritzburg: 8 Pentrich Road, PMB

Ladysmith: 27 Umkhamba Drive, Ladysmith

JHB: 36 Princess Villas, Main Reef Road, Roodepoort

033 346 0495 / 072 636 1100

nkwalihealth@telkomsa.net/ nkwalihealth@gmail.com

MOBILE OCCUPATIONAL SERVICES

CERTIFICATE OF FITNESS

FIT with restrictions as: Cleaner / heights worker

NAME AND SURNAME: Bonga C Mthembu

ID NO: 9006075881084 **DATE:** 11-07-2016

COMPANY: M.H.C.

VISION								
Far	Rt 20/20	Lt 20/20	Colour Good		Depth 4/5			
Near	Rt 20/20	Lt 20/20	Night Good		Specs NO			
SPIROMETRY		<u>Normal</u>						
FVC 118	FEV1 123	FEV1/FVC 90		PEF 118				
BASELINE PLH: 7.6%		BASELINE COMPARISON PLH: 8.3%						
AUDIOGRAMS	PLH	.5K	1K	2K	3K	4K	6K	8K
LT	Baseline	00	00	00	00	10	00	00
RT		40	45	30	35	35	40	45
LT	Baseline	00	05	05	05	15	00	00
RT	comparison	45	50	30	35	35	45	00
MEDICAL: Done		Working at heights: Fit						
THC/MULTIDRUG:		K10: ✓		Epworth: ✓		Blood sugar:		
CXR:		Bloods:						
REFERRAL:								
COMMENTS: To wear earplugs when exposed to noise								
Signature <u>P. Mthembu</u>								

Qualifications: SPR
NKWALI HEALTHCARE SERVICES
 "we save lives"
 Pietermaritzburg Clinic: 8 Pentrich Road, Pietermaritzburg, 3201
 Ladysmith Office: 27 Umkhamba Drive, Ladysmith, 3370
 JHB Office: 36 Princess Villa, Old Main Reef Road, Roodepoort, 1724
 Cell: 072 636 1100. Fax: 086 6677 221
 Email: nkwalihealth@gmail.com