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"we save lives"

## MOBILE OCCUPATIONAL SERVICES

### CERTIFICATE OF FITNESS

**FIT as :** Supervisor

**NAME AND SURNAME:** Lunga Silevy

**ID NO :** 840425 6084 084 **DATE:** 14-09-2018

**COMPANY:** Enkajim

|                                                                                                                                                                                    |            |          |             |          |    |    |           |    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|-------------|----------|----|----|-----------|----|
| <b>VISION</b>                                                                                                                                                                      |            |          |             |          |    |    |           |    |
| Far                                                                                                                                                                                | Rt 20/20   | Lt 20/20 | Colour good |          |    |    | Depth 5/5 |    |
| Near                                                                                                                                                                               | Rt 20/20   | Lt 20/20 | Night 20/20 |          |    |    | Specs no  |    |
| <b>SPIROMETRY</b>                                                                                                                                                                  |            |          |             |          |    |    |           |    |
| FVC                                                                                                                                                                                | 123        | FEV1     | 110         | FEV1/FVC |    | 75 | PEF       | 89 |
| <b>BASELINE PLH:</b> 1.12                                                                                                                                                          |            |          |             |          |    |    |           |    |
| <b>MONITORING PLH:</b> 1.12                                                                                                                                                        |            |          |             |          |    |    |           |    |
| <b>AUDIOGRAMS</b>                                                                                                                                                                  | <b>PLH</b> | .5K      | 1K          | 2K       | 3K | 4K | 6K        | 8K |
| LT                                                                                                                                                                                 | Baseline   | 00       | 05          | 05       | 05 | 05 | 10        | 05 |
| RT                                                                                                                                                                                 | 07/09/2017 | 00       | 00          | 05       | 00 | 05 | 05        | 00 |
| LT                                                                                                                                                                                 | Monitoring | 10       | 10          | 05       | 00 | 05 | 05        | 00 |
| RT                                                                                                                                                                                 |            | 10       | 10          | 05       | 15 | 00 | 05        | 05 |
| <b>MEDICAL :</b> <input checked="" type="checkbox"/> Working at heights: <u>fit</u>                                                                                                |            |          |             |          |    |    |           |    |
| <b>THC/MULTIDRUG :</b> <input checked="" type="checkbox"/> <b>K10:</b> <input checked="" type="checkbox"/> <b>Epworth:</b> <input checked="" type="checkbox"/> <b>Blood-sugar:</b> |            |          |             |          |    |    |           |    |
| <b>GXR:</b> <input checked="" type="checkbox"/> <b>Bloods:</b>                                                                                                                     |            |          |             |          |    |    |           |    |
| <b>REFERRAL:</b>                                                                                                                                                                   |            |          |             |          |    |    |           |    |
| <b>COMMENTS:</b>                                                                                                                                                                   |            |          |             |          |    |    |           |    |
| <b>Signature</b> <u>Ruth Mkhwanazi</u> <b>Qualifications:</b> <u>OHNP</u>                                                                                                          |            |          |             |          |    |    |           |    |

**NKWALI**  
**HEALTHCARE SERVICES**  
 "WE SAVE LIVES"  
 REG NO: 2013 / 059082 / 07  
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Sr Samke Ruth Mkhwanazi  
 B.Cur Educator, Admin, RN, RM  
 Occupational Health Nurse Practitioner  
 SANC NO: 13560461