

Certificate of Fitness

(Valid for 1 Year)

Construction Site	☐	Mining	☐	General	☒
Company	: Ubhejane Cranes				
Name	: S F Shandu				
Date	: 22/01/2018				
Position	: Technician				
I.D.No:	8006285585088				

Examination includes:

☒ Health Questionnaire and Physical examination - Family Medical History - Occupational History - Abdomen	- Personal Medical History - Physical Appearance - Skin-Visual Acuity	- Tuberculosis - Glandular/Endocrine - Musculo-Skeletal - Questionnaire - Cardiovascular - Medication
☒ Lung function test ☐ Bronchodilator test ☐ Orthorator/Keystone ☒ Fields ☐ Drug Testing ☐ K10 Stress Evaluation	☐ Baseline Audiogram ☒ TB Questionnaire ☐ L6/5 R6/5 Snellen Chart ☒ Colour Vision ☒ Heat stress	☒ Screening Audiogram ☒ X-Ray Chest ☒ ECG ☒ Depth perception ☒ Work at Heights Evaluation

Outcome of medical examination:

CERTIFICATION:	YES	NO	N/A	COMMENT/REASON:
Fit for work as per job description	x			
Fit to work at heights.	x			
Fit to drive Vehicle/Hyster			x	
Fit to work in hot conditions	x			
Fit for restricted work			x	
Temporarily unfit for work.			x	
Permanently unfit for work.			x	

Examiner/Physician Signature:

Double-Click to Sign

Clinic Stamp:

Dr EM Liebenberg (MBBCh, DOH)
 WORKMED
 PRACTICE NO.: 1440411
 OIL & GAS UK: OGUK/2009/1349
 SAMSA ACCREDITATION: MP0027/09
 Southgate Business Park, Umbogintwini
 P.O. Box 142, Unkomaas 4170
 Tel: 031-914 4892 Fax: 031-914 4172

Print name:	Dr E M Liebenberg (MBBCh, DOH) – Managing Director - WorkMed Group		
Date of examination:		Date of Expiry	

Medical results Remarks:

PHYSICAL EXAMINATION

Employee Name : S F Shandu

ID Number : 8006285585088

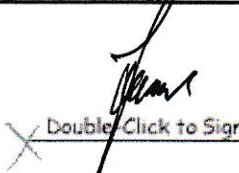
NEUROLOGICAL ASSESSMENT

<u>Reflexes</u>	Present	Absent	Comments
A) Patella	x		
B) Ankle	x		
<u>Nystagmus</u>		x	
	Normal	Abnormal	
<u>Rombergs Test</u>	x		
<u>Appendicular coordination</u>			
A) Finger to nose	x		
B) Rapid Alternating hand movements	x		
<u>Gait</u>			
A) Normal	x		
B) Heel Toe	x		
<u>Visual Fields</u>	x		

Conclusions:

CERTIFICATION:	YES	NO	COMMENT/REASON:
Fit for work at heights as per job description	x		
Fit for restricted work0			
Temporarily unfit for work.			
Permanently unfit for work.			

Physician's signature:



Double Click to Sign

Official Company stamp:

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Physician's name and qualifications:

Dr EM Liebenberg (MBBCh, DOH)

Date of examination:

Date Of Expiry:

WORKMED OHS FORM	PAGE:	REVISION NO: 1/2015
Document N° QS Form OHS008 KZN	Page 1 of 1	Created by: E M Liebenberg Revised by: EML/10 July 2015

Employee Details

Employee 800628 MR SF SHANDU Mal
Birth date 1980-06-28 (37)
Department Employed on - -
Biological M Company CRANE AID
Next Test 2020-01-23 Occupation TECHNICIAN
Aux/ID. 800628 8006285585088

Brief Audiogram History SHANDU S 800628

Date	TYP	.5K	1K	2K	3K	4K	6K	8K	.5K	1K	2K	3K	4K	6K	8K	Cat	PLH	PLH-Sh	PBI
2011-02-16 1015	SC	00	15	05	10	10	10	10	00	15	00	15	10	05	AA	1	1.1	?	0.0
2016-01-06 0835	SC	00	05	05	05	05	10	10	05	10	00	05	00	15	10	1	1.1	?	0.0
2017-01-11 1259	SC	00	10	05	10	05	10	10	00	10	00	15	10	10	15	1	1.1	?	0.0

BL-Baseline SC-Screening MO-Monitoring DI-Diagnostic
CO-Compensation BC-Baseline Comparison EX-Exit

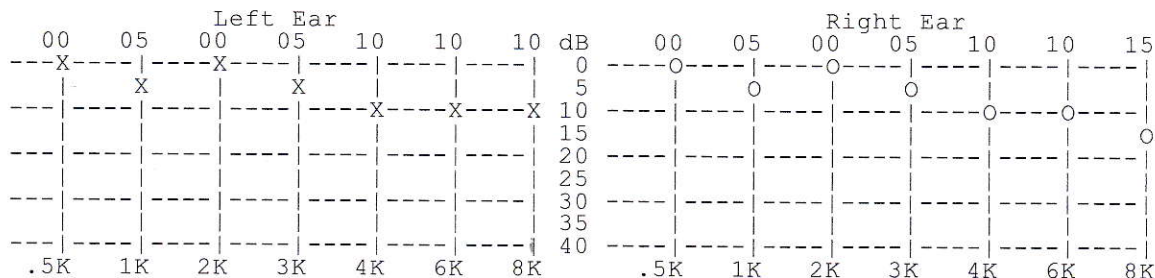
Deterioration from Baseline SHANDU S 800628

Date	TYP	.5K	1K	2K	3K	4K	6K	8K	.5K	1K	2K	3K	4K	6K	8K	PLH	DETER
2018-01-22 0834	SC	00	05	00	05	10	10	10	00	05	00	05	10	10	15	1.1	?

BL-Baseline SC-Screening MO-Monitoring DI-Diagnostic
CO-Compensation BC-Baseline Comparison EX-Exit

Screening Audiogram SHANDU S 800628 2018-01-22 083

PLH: 1.1% PLH Shift from Baseline: ?% Deterioration: ?dBHL Ear: Freq:
CAT:1 PBI: 0.0% RTS:10 Ear:Rt Freq:4K ABHL: 2.50



Company : CRANE AID
Biological:

Department:
Occupation: TECHNICIAN

Tested by Supervisor...
Tremetrics RA300 Audiometer #2220

Employee's acceptance...
Calibration Date: 1701

Employee Notes

-- End of document --

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Step Test – Physical Work Capacity (Heat Stress Evaluation)

Employee name: SIZWE SHANDU Initials SF Sex: ☒ M / ☐ F
ID No: 8006285585088 D.O.B: 1980/06/28 Age: 37
Occupation/Job title: Crane Technician Work Load Medium
Company: Ubhejane Cranes Tel No: _____
Address: _____ Date: 22/1/18

History

Previous test: ☒ Y / ☐ N History of chest pain on exertion: ☒ Y / ☐ N Previous coronary episode: ☒ Y / ☐ N
If **YES** then date of episode: _____
Dyspnoea: ☒ Y / ☐ N History of Cardiac disease: ☒ Y / ☐ N
Current medication: NIL
Recent illness or hospitalisation: NIL
History of heat disorder: ☒ Y / ☐ N Date: _____
Respiratory problems including asthma: NIL
Remarks: _____

Employee Signature: _____

Examination

Height: 174 Weight: 87 Urine test: NAD
Blood sugar if indicated: N/A Body/Mass Index: 28
Initial BP Seated: 125/80 Pulse Rate: 70 Regular: Yes
Oedema: ☒ Y / ☐ N Cyanosis: ☒ Y / ☐ N Skeletal abnormality: NAD
Pulse rate after 10 mins of exertion: 90 B.P: 150/80
Work Capacity: Heavy / Medium / Light Date of Test: 22/1/18
Fit to work in hot conditions: ☒ X / ☐ N Remarks: _____

Expiry Date: 22/1/19

Examiners' signature: _____

Print name: E.M. Liebenberg

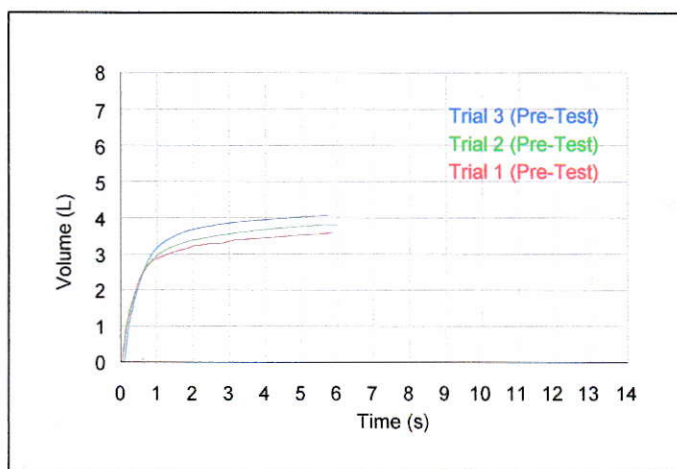
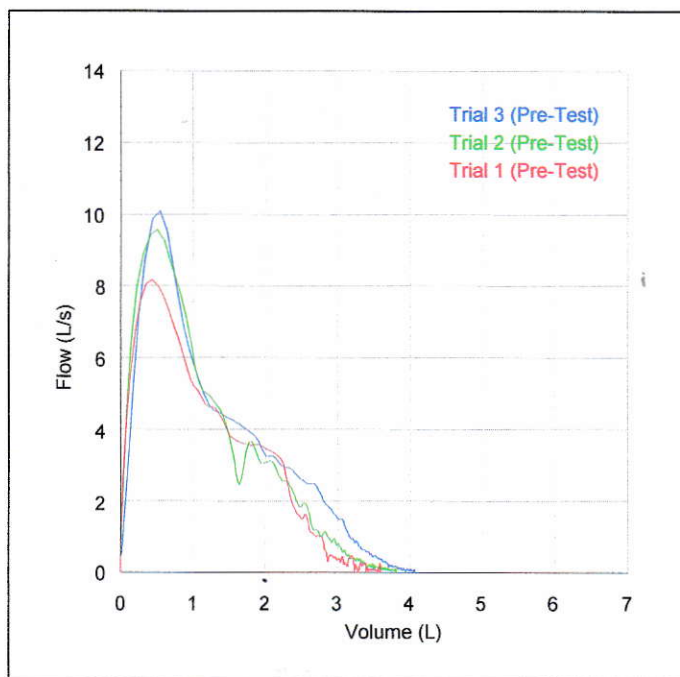
Designation: O.M.A.

Company Stamp

E.M. Liebenberg (MBBCh, DOH)
TIC TRAINED
PRACTICE NO: 1440411
OIL & GAS UK: OGUK/2009/1349
SAHSA ACCREDITATION: MP0027/09
301 Linde Business Park, Umbogintwini
P.O. Box 142, Umkomas 4170
Tel: 031-814 4892 Fax: 031-914 4172

Patient Number:	800628	Gender & Ethnic:	Male / African	Company:	CRANE AID
Patient Name:	SHANDU, SF	Height & Weight:	1.74 m / 87 kg (28.74)	Department:	
Identity No:	8006285585088	Smoker:	No	Position:	TECHNICIAN
Date of Birth:	1980-06-28	Asthma:	No	Service:	
Test Date:	2018-01-22	Test Time:	09:32:56	Operator:	clinic
Predicted Ref:	ERS/ECCS * 0.9	Session Quality:	=?	Acceptable:	3/3
Reproducible:	No	Variability:	FEV1 0.28L 8.65%, FVC 0.25L 6.14%		
Interpretation:					
Calibration:	Easy on-PC	Calibration Time:	2018-01-19 07:49:57	Room Temperature:	25.30 deg C
Spirometer S/N:	222233	Operator:	clinic	Barometric Pressure:	1,010.00 mm Hg
Syringe Serial No:	2007SY485	Syringe Volume:	3.00 L	Relative Humidity:	56.00 %

Parameter	Pred	Trial 3	Trial 2	Trial 1	Pred %
Acceptable	-	Yes	Yes	Yes	-
FVC (L)	4.25	4.07	3.82	3.59	95.78
FEV1 (L)	3.53	3.27	2.98	2.88	92.65
FEV1/FVC (%)	80.50	80.30	78.15	80.06	96.72
PEF (L/s)	9.24	10.16	9.61	8.18	109.92
FEF 25-75 (L/s)	4.48	3.02	2.53	2.87	67.33
FEF 75 (L/s)	2.24	1.50	1.00	1.01	66.80
FEF 50 (L/s)	5.10	3.25	3.12	3.55	63.83
FEF 25 (L/s)	7.96	5.67	6.19	5.62	71.27
FET	-	5.56	5.71	5.79	-



Notes

Acknowledgement >>

Operator: _____

Date: _____

Patient: _____

Date: 22/01/2018

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Dr. Zempfundo Portia Malevu Inc.

MbChB (Hnat) FRCR (Diag) SA

T/A Kwadukuza Radiology Services

SPECIALIST RADIOLOGISTS

PR. No: 0594997

Patient : MR SIZWE FREDDY SHANDU
Date of Birth : 28/06/1989
Examination Date : 22/01/2018
Referring Doctor : DR LEIBENBERG
Reference Number: INV11-2495
Centre : MZANSI XRAY

CHEST X RAY

1. The lung fields are clear with no confluent areas of air-space opacification or evidence of infiltrative disease.
2. The hilar regions are normal in appearance, location and density.
3. The cardiac silhouette is within the normal limits.
4. The diaphragmatic outlines are crisp and smooth.
5. There is no obliteration of the costo-phrenic angles.
6. There are no obvious soft tissue and bone abnormalities.

Comment:

THERE IS NO EVIDENCE OF PULMONARY TUBERCULOSIS.

Reported by: DR ZP MALEVU